



Community Respite Support Worker

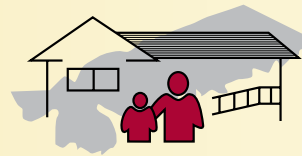
The Central Region Respite Society

The Central Region Respite Society is a community based non-profit agency funded by the Department of Community Services, serving individuals and families in the Halifax Regional Municipality.

Our Mission is to promote the well being of individuals with special needs and their families through a community based information and referral service.

Our Goal is to assist individuals and their family in the development of a comprehensive independent social support network.

Community based respite support is the care and supervision of an individual with special needs.



Central Region Respite Society

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Or visit us by taking the *Central* link at:

www.respite.ca



*Supporting Families
Through Individualized
Respite Services*



Central Region Respite Society



Community Based Respite Support

Community based respite support is the **general care and supervision** of an individual with special needs. Typically, care is provided on a one-to-one basis. The respite focuses on relationship development through **leisure and recreation activities** in the family's home and/or in the community. Respite work is usually **flexible part-time hours** scheduled on a private independent contract basis paid by the family.

Daytime Respite Support

- Care and Supervision
Mornings and After School

Traditional Respite Support

- Social Recreation Activities
Evenings and Weekends

Structured Respite Programming

- CASAS Life Skills Training and Vocational Services; Personal/Social Development Programming
Days, Evenings and Weekends

Care Provider Qualifications

CRRS coordinates referrals based on the interest and ability of the worker and the needs of the individual and their family. **Workers select the contracts** they are interested in and feel qualified to provide.

Families determine if the worker is qualified to care for the individual, based on the family interview. Families also provide a thorough orientation prior to independent one-to-one work.

Most community respite support workers are employed in the human services field as teacher assistants, small option and group home staff, vocational instructors, child care providers, recreation and camp counsellors.

Students from universities, community colleges and other related training programs are also excellent candidates for community based respite support work.

Community Support Worker Registry

The registry is a web based listing of respite requests and offers used by CRRS to make contract referrals. Offers are made by screened support workers who have indicated their match criteria.

Screening Process

Applicants provide a recent Criminal Record Check; consent to a search of the Child Abuse Register; and submit two letters of reference or recommendation.

Match Criteria

Applicants indicate where they are willing to work; when they are available to work; what type of respite support they are interested in providing; and their expected rate of pay (\$10, \$12, \$15/hr).

Referral Process

Successful applicants will be informed of potential contracts and then select the suitable offers. The worker's personnel file will be reviewed by the family and an interview scheduled.

Respite focuses on relationship development through leisure and recreation activities in the family's home and/or in the community.

